

Fold along this line and glue this section to the inner front cover of your book.

Sec 4 Express/ 5 Normal (Academic), 2020

Remember to:

- Write the date and title at the top of the page.
- Write in paragraphs.
- Add details by asking yourself the **5W1H** (who, what, where, when, why, how)
 - For example, 'What are your thoughts about having healthy meals?' - You can write about **what** healthy meals are, **how** you can have healthy meals, **who** you would encourage to have healthy meals, **why** you should have healthy meals, **where** you can get healthy meals.
- Feel free to stray from the topic.
 - For example, 'If you could go anywhere in the world, where would it be?' - You can write about more than one place if you have run out of ideas for the first place.
- The prompts are there to guide you. Do not answer like a comprehension question.

You should write at least 1 page (without leaving a line).

How to do it?


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<http://vanseodesign.com/bloggging/improve-your-writing-with-a-simple-exercise>

Term 1

Week 0, 3 Jan	What are the qualities of a real friend? - Why are these qualities important? - Do you have a friend or friends who possess these qualities? - Do you possess these qualities?
Week 1, 10 Jan	Write about an unpleasant experience while travelling. - When did this happen? - Who were you with? - What did you learn from this experience?
Week 2, 17 Jan	Do you agree that winning is not always the most important thing? Why? - What could be more important than winning? - Are there any situations when winning is the most important thing? - Personal experiences?
Week 3, 24 Jan	CNY Celebrations Voice from the heart - write about one thing that you wanted to tell your parents or someone you respect but did not have the opportunity to do so. - Why do you want to tell them this? - How can you find an opportunity to tell them?
Week 4, 31 Jan	*Free Topic. This week, you may write about anything you want. It could be about your day/ week, your hobby, a story, anything that comes to your mind!


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Week 5, 7 Feb	<p>Some things I hope to learn and/or experience during the Experiential Learning Week.</p> <ul style="list-style-type: none"> - What I could learn or experience? - Why do I want to learn these skills? - Why do I want these experiences? - How will these skills/ experiences help me in future?
Week 6, 14 Feb	ELW
Week 7, 21 Feb	<p>Parents often believe that it is better to be safe than sorry. Do you consider young people to be too protected?</p> <ul style="list-style-type: none"> - Why or why not? - Is there a specific group of young people who are too protected? - Examples? Personal experiences?
Week 8, 28 Feb	<p>Picture Stimulus: I Believe I Can http://bit.do/eD8JY</p>  <ul style="list-style-type: none"> - Describe the water: consider the texture, the colours, the shape, the sounds - What is happening here? - The title is 'I Believe I Can'. If the bird doubted itself, do you think it would still be able to walk across the water? - How important is self-belief? - How does failure/ success feel like? - How do you overcome failure?
Week 9, 6 Mar	<p>How far would you agree that it is good for young and old people to do things together?</p> <ul style="list-style-type: none"> - What are some things the young and old can do together? - What are the advantages of doing things together? What can the young and old learn from one another? - What are the disadvantages of doing things together? - Examples? Personal experiences?
Week 10, 13 Mar	<p>Has anyone ever achieved something other people thought to be impossible? What qualities did they have?</p>

Term 2

Week 1, 27 Mar	<p>What can you learn from a school trip that you can't learn in a classroom?</p> <ul style="list-style-type: none"> - Why would these skills/ knowledge be important to you? - Examples? Personal experiences?
Week 2, 3 Mar	<p>What are the important points that need to be considered when choosing a career?</p> <ul style="list-style-type: none"> - Why are these important to you? - How will these affect you?
Week 3, 10 Apr	Good Friday
Week 4, 17 Apr	<p>*Free Topic. This week, you may write about anything you want. It could be about your day/ week, your hobby, a story, anything that comes to your mind!</p>

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Week 5, 24 Apr	Think about an article you have read recently or a piece of news you heard of (eg. Newspapers, Inspire magazine). What are your views about the issue? Do you agree or disagree with the writer? What have you learnt after reading or knowing about it?
Week 6, 1 May	Labour Day
Week 7, 8 May	<p>Picture Stimulus: A Balanced Diet http://bit.do/eD8Ln</p>  <ul style="list-style-type: none"> - What can you see? What do you think? What do you wonder? - Why is the book shaped like this? - What message do you think this picture wants to convey? - Do you have a balanced reading diet? (think about the types of books you read, eg. manga, non-fiction, horror, romance) - How does reading broaden the mind?
Week 8, 15 May	MYE
Week 9, 22 May	Marking Day/ Home-Based Learning
Week 10, 29 May	Community Day

Term 3

Week 1, 3 Jul	<p>Theme: Public Transport</p> <ul style="list-style-type: none"> · Tell me about how you travel to school every day. · Do you think public transport should be free for everyone? Why or why not?
Week 2, 10 Jul	<p>Theme: Family</p> <ul style="list-style-type: none"> · Tell me about a family event that you have attended. · How far would you agree that we do not spend enough time doing things with our families these days?
Week 3, 17 Jul	<p>Theme: Exercise</p> <ul style="list-style-type: none"> · What have you found is the best way to keep fit and healthy? Why? · 'Children should spend less time playing computer games and more time keeping fit? What do you think?
Week 4, 24 Jul	<p>Theme: Skills</p> <ul style="list-style-type: none"> · Tell me what happened at a time when you needed to be self-reliant. · 'Having confidence in yourself is one of the main keys to achieving any kind of success.' How far would you agree?
Week 5, 31 July	Hari Raya Haji
Week 6, 7 Aug	National Day Celebrations
Week 7, 14 Aug	<p>Theme: Environment, Community</p> <ul style="list-style-type: none"> · How do you think communities can prepare themselves for the possibility of natural disasters? · Some people think that natural disasters are becoming more frequent. How far do you agree that human activity is causing this?

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Week 8, 21 Aug	<p>Theme: Charity</p> <ul style="list-style-type: none"> · What are some other ways to raise money for charity? · How far would you agree that giving to local charities should always come first before giving to overseas charities?
Week 9, 28 Aug	<p>Theme: Elderly & Active Ageing</p> <ul style="list-style-type: none"> · Do old people that you know keep fit and active? Tell me about them. · How far would you agree with the view that it is good for young and old people to do things together?
Week 10, 4 Sep	Teachers' Day

Term 4

Week 1, 18 Sep	Prelim
Week 2, 25 Sep	<p>Write about some of the modern technology you use in your daily life.</p> <ul style="list-style-type: none"> - What do you use them for? - How have they affected your life? Positive? Negative?
Week 3, 2 Oct	<p>Nowadays, people live longer than ever before. What problems does this present and how can these problems be dealt with?</p> <ul style="list-style-type: none"> - What can you/ the community/ the government do about this?
Week 4, 9 Oct	<p>Write about an incident you still remember from your early childhood. Why do you think it has remained in your mind so clearly?</p> <ul style="list-style-type: none"> - Who were with you? - What happened? - How has it affected you?
Week 5, 16 Oct	<p>Teamwork</p> <ul style="list-style-type: none"> · What would you do to encourage a reluctant team player to be a better member of the team? · Why is it important for schools to focus on helping students to become good team players as well as individual achievers?

Extra Topics	<p>Do you agree that determination is the secret of success? Why?</p> <ul style="list-style-type: none"> - What is determination? - Are there other factors which contribute to success? - Personal experiences? <p>Think about an article you have read recently (eg. Newspapers, iThink magazine).</p> <ul style="list-style-type: none"> - What are your views about the issue? - Do you agree or disagree with the writer? - What have you learnt after reading? <p>Which person has the greatest influence on your life at the present time, and why?</p> <ul style="list-style-type: none"> - Is this person a family member/ friend/ celebrity? - How has this person influenced you? - How has this affected your life/ your future?
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Term 1

Week 0, 3 Jan	I want my friends to know that I am actually....
Week 1, 10 Jan	My dream / wish for my future...
Week 2, 17 Jan	*Free Topic. This week, you may write about anything you want. It could be about your day/ week, your hobby, a story, anything that comes to your mind!
Week 3, 24 Jan	CNY Celebrations
Week 4, 31 Jan	How does technology impact students of today? - Positive? Negative?
Week 5, 7 Feb	Some things I hope to learn and/or experience during the Experiential Learning Week.
Week 6, 14 Feb	ELW
Week 7, 21 Feb	The greatest responsibility that you had to bear in life so far.
	Picture Stimulus: Diamond in the Rough http://bit.do/eEtZ4 
Week 8, 28 Feb	What has happened here? Where did the diamond come from? How long has it been here for? Has anyone seen in it yet? Did anyone see where it came from? Who might be the first person to discover it? What do you think they will do? What would you do if you discovered this?
Week 9, 6 Mar	One thing I would like to change if I were given the chance...
Week 10, 13 Mar	Are exams grades reflective of the student? Give reasons.

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Term 2

Week 1, 27 Mar	A place I like to hang out and why I like to hang out there.
Week 2, 3 Mar	*Free Topic. This week, you may write about anything you want. It could be about your day/ week, your hobby, a story, anything that comes to your mind!
Week 3, 10 Apr	Good Friday
Week 4, 17 Apr	Commendation Day
Week 5, 24 Apr	The best gift I have given/ received...
Week 6, 1 May	Labour Day
	Picture Stimulus: I Believe I Can http://bit.do/eD8JY 
Week 7, 8 May	What is happening here? Is the bird walking on the water? How? Why? Is this bird special? Can it fly? Do you think this is the first time the bird has walked on water? The title is 'I Believe I Can'. If the bird doubted itself, do you think it would still be able to walk across the water? How important is self belief? Have you ever 'failed' because you lacked confidence? Have you ever succeeded because you believed you could? What does failure feel like? What about success? Has anyone ever achieved something other people thought to be impossible? What qualities did they have?
Week 8, 15 May	MYE
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Week 10, 29 May	Community Day

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Term 3

Week 1, 3 Jul	Theme: Exercise · What do you think are the best kinds of physical exercise? · It's often said that modern life-styles mean we pay too little attention to our fitness and diet. Do you think that's true?
Week 2, 10 Jul	Theme: Public Speaking · Do you think it is normal to feel nervous in front of an audience? · How do you think people can best overcome their nervousness?
Week 3, 17 Jul	Write about some neighbours who are helpful to you and your family. (2013)
Week 4, 24 Jul	What are the advantages and disadvantages of small groups of students working together on a school project? (2013)
Week 5, 31 July	Hari Raya Haji
Week 6, 7 Aug	National Day Celebrations
Week 7, 14 Aug	Prelim
Week 8, 21 Aug	What makes an ideal holiday for young people? (2014)
Week 9, 28 Aug	Write about an occasion when you had to do something you did not want to do and explain how you dealt with this. (2014)
Week 10, 4 Sep	Teachers' Day

Term 4

Week 1, 18 Sep	Exam
Week 2, 25 Sep	What are the advantages and disadvantages of using public transport in Singapore? (2015)
Week 3, 2 Oct	Write about your challenges and how you can overcome them.
Week 4, 9 Oct	My views on having a domestic helper. What are the advantages and disadvantages?
Week 5, 16 Oct	Exam

Extra Topics	The best gift I have given/ received... Think about an article you have read recently (eg. Newspapers, magazine). What are your views about the issue? Do you agree or disagree with the writer? What have you learnt after reading?
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Sec 4 Normal (Technical), 2020

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Term 1

Week 0, 3 Jan	What was your December holidays like?
Week 1, 10 Jan	What do you like to do in your free time?
Week 2, 17 Jan	What is something that makes you feel happy? - Why?
Week 3, 24 Jan	CNY Celebrations
Week 4, 31 Jan	What would you change about your life? - Why would you want to change that?
Week 5, 7 Feb	Some things I hope to learn and/or experience during the Experiential Learning Week.
Week 6, 14 Feb	ELW
Week 7, 21 Feb	What are your favourite social media platforms? (e.g., Facebook, Instagram, Snapchat, Twitter) Why?
Week 8, 28 Feb	Picture Stimulus: The Headington Shark http://bit.do/eEdbP  - How did the shark get there? - Where did it come from? - Was anyone in the house at the time? - How did the residents of the street react? - What happened to the shark in the end?
Week 9, 6 Mar	*Free Topic. This week, you may write about anything you want. It could be about your day/ week, your hobby, a story, anything that comes to your mind!
Week 10, 13 Mar	Do you think that our school canteen should sell only healthy meals? Why or why not?

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Term 2

Week 1, 27 Mar	Your dream holiday. - Where and why?
Week 2, 3 Mar	Where do you see yourself in 10 years' time?
Week 3, 10 Apr	Good Friday
Week 4, 17 Apr	Commendation Day
Week 5, 24 Apr	*Free Topic. This week, you may write about anything you want. It could be about your day/ week, your hobby, a story, anything that comes to your mind!
Week 6, 1 May	Labour Day
Week 7, 8 May	Picture Stimulus: Song http://bit.do/eEddz  - What is the bird on the left doing? How do you know? - Do you think that the bird's song is good or bad? Why? - What is the bird on the right thinking? What might it say when the other bird has finished singing? - Which bird is more confident? Why? - Which bird do you best relate to? Why?
Week 8, 15 May	MYE
Week 9, 22 May	Marking Day/ Home-Based Learning
Week 10, 29 May	Community Day

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Term 3

Week 1, 3 Jul	Theme: Sports · Tell me about any activities that you have done which you thought were exciting. · Do you think it is always a bad thing to take risks? Why, or why not?
Week 2, 10 Jul	Theme: Skills · What new activities or skills would you like to learn? Why? · Is it important for young people to have hobbies and interests outside school? Why, or why not?
Week 3, 17 Jul	Write about a visit to a place of interest in Singapore. (eg. the zoo, Gardens by the Bay)
Week 4, 24 Jul	Write about a memorable outing with your friends or family. - What made it memorable?
Week 5, 31 July	Hari Raya Haji
Week 6, 7 Aug	National Day Celebrations
Week 7, 14 Aug	Prelim
Week 8, 21 Aug	I really want to... (eg. something you want to do, someone you want to see)
Week 9, 28 Aug	A person I respect most. A family member/ friend/ celebrity/ teacher?
Week 10, 4 Sep	Teachers' Day

Term 4

Week 1, 18 Sep	Exam
Week 2, 25 Sep	An experience you will never forget. - Why? - Who were you with?
Week 3, 2 Oct	Sugared drinks should be banned in school. What do you think? The good and the bad of sugared drinks.
Week 4, 9 Oct	How do you handle stress? What do you do when you feel stressed?
Week 5, 16 Oct	Exam

Extra Topics	<p>What do you think makes a good friend? Do you these qualities?</p> <p>What is one superpower you would like to have and why?</p> <p>My favourite celebration. (eg. birthday, festivals) - Who do you celebrate with? - Why do you enjoy it?</p>
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